# Ethics in science

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#### Science and evolution

Living creatures have evolved the ability

(a) to act in ways that further their own interests; and

(b) in order to provide a reliable basis for action, to construct rational explanations of the world.

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#### Science is a social activity

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Doing science involves learning from others

and

communicating with others

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### Modern science is a peculiarly human activity

It is a form of goal-directed behaviour undertaken for many reasons:

curiosity, need, acclaim, rewards...

As with social behaviour in general, notions of Nyâya and Neeti enter into discussions of scientific activity.

# Why has scientific ethics not attracted much attention until recently?

Ethical conduct has been assumed to be intrinsic to science. At the same time, because of the supposed self-correcting nature of scientific activity, lapses from ethical behaviour are assumed not to have serious consequences.

### **Implicitly accepted norms**

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- 1. Honesty in communication.
- 2. Not copying from someone else or from oneself.
- 3. Giving appropriate credit to others.

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### **Examples of unethical behaviour**

Research misconduct is defined as fabrication, falsification, or plagiarism in proposing, performing, or reviewing research, or in reporting research results.

#### ORGANISATION FOR ECONOMIC CO-OPERATION AND DEVELOPMENT GLOBAL SCIENCE FORUM Unofficial Report on Best Practices for Ensuring Scientific Integrity and Preventing Misconduct

Based on a Workshop held on 22-23 February, 2007, in Tokyo, Japan [ALSO: Grant review, Peer review, Manipulating funds,...]

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"Even on the rare occasions when scientists do falsify data, they almost never do so with the active intent to introduce false information into the body of scientific knowledge. Rather, they intend to introduce a fact that they believe is true, without going to the trouble and difficulty of actually performing the experiments required."

(http://en.wikipedia.org/wiki/Scientific\_misconduct)

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#### Andrea Pozzi\* & Paul A. David\*\*

\*Stanford University : pozzi@stanford.edu \*\*University of Oxford and Stanford University : pad@stanford.edu



#### **Major focus of RRI = Misconduct (FFP)**

• JM Ranstam, (2000, Control Clin Trials 21, 5:415-27)

- Survey, 442 biostatisticians, 37% response
- 51% knew about fraud in medical research
  - 26% involved FF
  - 31% directly involved in projects with misconduct
- Estimates of rate, 0.69% -> 0.80% (0.25% standard)

"What do we know?" Nicholas Steneck, Office of Research Integrity, USA

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Geggie, (2001, J Med Ethics 27, 5:344-6)

Survey, 305 new medical consultants, 64% response

55.7% observed misconduct (FF lower)

5.7% committed misconduct in the past

18% would commit in future

17% had research ethics training

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#### **Conclusions:**

Evidence does not support view that misconduct is "rare"

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Most research misconduct is not detected, reported and investigated

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Courtesy Editor, Journal of Cell Biology

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Courtesy Editor, Journal of Cell Biology



#### V J Gupta

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Dr V J Gupta, Professor of Geology at Punjab University... India's most celebrated fossil scientist, for 25 years stunning the geological world with intriguing fossil finds that turned the accepted picture of the Himalayas on its head....

It wasn't until 1987, when Professor John Talent went to Paris, that he concluded that Gupta's fraud was not just one or two papers – it was *vast*. With a few hours to kill before his flight back to Sydney, Professor Talent stopped by a local rock shop. There he found some interesting fossils from Morocco. He bought a handful and caught his flight. Professor Talent remembered having seen photographs of these exact same fossils in a Gupta paper - except Gupta's identical specimens were supposedly from the Himalayas, not Morocco.

 Talent: .McQuarie Univ, Sydney;
 http://www.abc.net.au/rn/science/ss/stories/s1451250.htm

### Why does it happen?

1. Temptations...of various kinds

Howard Alper, University of Ottawa

Challenges for those individuals who are honest but, because of ...

- National goals,
- Being in the limelight,
- Peer pressure or
- Other factors,
- ... are tempted to take liberties with results, falsify or fabricate data, plagiarize, etc.

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Commemorative stamp

### Why does it happen?

2. Poor mentorship.

(importance of early exposure and formal training)

### Why does it happen?

3. Poor regulatory and administrative system.

### Why does it happen?

4. Pressure to publish, quantity equated with quality.

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	Name/Field/Nation	No. papers* 1981-90	Ave. days per paper	Ave. citations
1	Yury Struchkov/Chemistry/USSR	948	3.9	3.0
2	Stephen Bloom/Gastroenterology/UK	773	4.7	21.4
3	Mikhail Voronkov/Chemistry/USSR	711	5.1	2.0
4	Aleksandr Prokhorov/Physics/USSR	589	6.2	3.1
5	Ferdinand Bohlmann/Chemistry/Germany	572	6.4	6.2
6	Thomas Starzl/Surgery/USA	503	7.3	16.8
7	Frank Cotton/Chemistry/USA	451	8.1	11.4
8	Julia Polak/Histochemistry/UK	436	8.4	26.6
9	Robert Gallo/Cell Biology/USA	428	8.5	86.0
10	Genrikh Tolstikov/Chemistry/USSR	427	8.5	1.2
11	John Huffman/Crystallography/USA	403	9.1	13.2
12	Alan Katritzky/Chemistry/USA	403	9.1	4.5
13	David Greenblatt/Pharmacology/USA	383	9.5	17.1
14	John Najarian/Surgery/USA	345	10.6	14.6
15	Willy Jean Malaisse/Endocrinology/Belgiur	n 344	10.6	10.9
16	Charles Marsden/Neurology/UK	339	10.8	15.0
17	Anthony Fauci/Immunology/USA	338	10.8	52.5
18	E. Donnall Thomas/Oncology/USA	328	11.1	37.5
19	Noboru Yanaihara/Biochemistry/Japan	322	11.3	14.0
20	Timothy Peters/Biochemistry/UK	322	11.3	9.5

The record: Paul Erdös 1400 papers, 500 co-authors?

[Haldane, Medawar]

J Lobo Antunes, Hospital de Santa Maria

#### The New England Journal of Medicine

Copyright, 1993, by the Massachusetts Medical Society

SEPTEMBER 2, 1993

#### AN INTERNATIONAL RANDOMIZED TRIAL COMPARING FOUR THROMBOLYTIC STRATEGIES FOR ACUTE MYOCARDIAL INFARCTION

THE GUSTO INVESTIGATORS\*

The GUSTO Abstract Background. The relative efficacy of strepto-kinase and tissue plasminogen activator and the roles of intravenous as compared with subcutaneous heparin as adjunctive therapy in acute myocardial infarction are un-resolved questions. The current trial was designed to compare new, aggressive thrombolytic strategies with standard thrombolytic regimens in the treatment of acute myocardial infarction. Our hypothesis was that never thrombolytic strategies that produce earlier and sustained reperfusion would improve survival. Methods. In 15 countries and 1081 hospitals, 41,021 patients with evolving myocardial infarction were randomly assigned to four different thrombolytic strategies, consist-ing of the use of streptokinase and subcutaneous heparin, streptokinase and intravenous heparin, accelerated tissue plasminogen activator (I-PA) and intravenous heparin, or a combination of streptokinase plus t-PA with intravenous heparin (-taccelerated refers to the administration of t-PA over a period of 1½ hours) — with two thirds of the dose given in the first 30 minutes — rather than the convention-al point. The primary end point was 30-day metarity. Baswite: The metality, end Results. The mortality rat

972 authors

Volume 329

SINCE the landmark trial Streptochinasi nell'Infarto 1986; Here has been no thrombolytic regimens pro benefit in patients with acu except for the important addition of aspirin.<sup>4</sup> Collec-tively, the large trials of thrombolytic therapy demon-strated a 25 percent reduction in 30-to-35-day mor-tallity in patients presenting to the hospital within six hours of the onset of symptoms.<sup>1</sup> Neither the GISSI-2/International trial nor the Third Interna-tional Study of Infarct Survival (ISIS-3) trial<sup>4+</sup> of 2 words/author tional Study of Infarct Survival (ISIS-3) trial+6

Address reprint requests to Dr. Eric Topol at the Department of Cardiology, her Clinic Center, Cleveland Clinic Foundation, Cleveland, OH 44195, Supported by a combined grant from Bayer, CIBA-Corning, Generatech, ICI Dr. Topol, as chairman of the tudy, arounnes full responsibility for the overall print and integrity of the manuscript.

\*A list of the Global Utilization of Streptokinase and Tissue Plasminogen ctivator for Occluded Coronary Arteries (GUSTO) investigators appears in the opendix.

proups were as follows: streptokinase and subcutaneous heparin, 7.2 percent; streptokinase and intravenous hep-arin, 7.4 percent; accelerated t-PA and intravenous heparin, 6.3 percent; and the combination of both throm-bolytic agents with intravenous heparin, 7.0 percent. This represented a 14 percent reduction (95 percent confi-dence interval, 5.9 to 21.3 percent) in mortality for acceler-ated t-PA as compared with the two streptokinase-only strategies (P = 0.001). The rates of hemorrhagic stroke were 0.49 percent, 0.54 percent, 0.72 percent, and 0.94 percent in the four groups, respectively, which represen-ed a significant excess of hemorrhagic strokes for acceler-ated t-PA (P = 0.03) and for the combination strategy (P<0.001), as compared with streptokinase only. A com-bined end point of death or disabling stroke was signifi-cantly lower in the accelerated-t-PA group than in the SP = 0.005).

streptokinase-only groups to post-P = 0.006). Conclusions. The findings of this large-scale trial indicate that accelerated t-PA given with intravenous heparin provides a survival benefit over previous stand-trial trial provides a survival benefit over previous stand-trial trial trial

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J Lobo Antunes, Hospital de Santa Maria

The Politics of Publication\*

- The journal more important than the message
- The craze for publicity

Short letter to Nature or report to Science better than full article in a more specialized journal

- Salami publication Minimal Publishable Unit (MPU)
- Some tips trendy stock phrases ("paradigm")

- tenous link to human disease

\* Peter Lawrence. Nature 422:259, 2003

### **The Editors' Pressure**

Manipulation of the impact factor of the journal, encouraging the citation of other papers published in the journal (\*)

and yet "Impact factors tell you more about sociology of science than about science itself"

S. Brenner

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(\*) (M. Farthing, Science and Engineering Ethics 12:45-52, 2006)

## Why does it happen?

### 5. Financial interests.

### **Industry support of biomedical research**

USA 1980 32% 2000 62%

- Lead authors 1 every 3 articles hold relevant financial interests.\*
- In biomedicine, with rare exceptions, is the private sector, not academics that develops diagnostic, therapeutic and preventive products and brings them to market.
- 2/3 of academic institutions hold equity in "start-up" businesses that sponsor research by their faculty

\* Quoted in Bekelman et al. JAMA 289:454, 2003

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## A convenient omission

The New England Journal of Medicine

#### COMPARISON OF UPPER GASTROINTESTINAL TOXICITY OF ROFECOXIB AND NAPROXEN IN PATIENTS WITH RHEUMATOID ARTHRITIS

CLAIRE BOMBARDER, M.D., LOPEN LAIME, M.D., ALISE REICIN, M.D., DEBORAN SHAPIRO, DR.P.H., RUBEN BURGDS-VARGAS, M.D., BARRY DAVIS, M.D., PH.D., RICHARD DAV, M.D., MARCOS BOS FERRAZ, M.D., PH.D., CERISTOPHER J. HAWNEY, M.D., MARC C. HOCHBERG, M.D., TORE K. KWIGH, M.D., AND THOMAS J. SCHNIZER, M.D., PH.D., KIR THE VIGOR STUDY GROUP

#### ABSTRACT

Backgrownal Each year, clinical upper gastrointestinal events occur in 2 to 4 percent of patients who are taking nonselective nonsteroidal ant informatory drugs iNSAIDs). We assessed whether refeccet, a selective inhibitor of cycloxygenase-2, would be associated with a lower incidence of clinically important upper gastrointestinal events then is the nonselective NSAID neproceen among patients with rheumatoid arthrite.

Michiels. We randomly assigned 8076 patients who were at least 50 years of age (or at least 40 years of age and receiving long-term glucocorticoid therapy) and who had rheumatoid arthritis to receive either 50 mg of rofecosib daily or 500 mg of naproxen twice daily. The primary and point was confirmed clinical upper gastrointestinal events (gastroducdenal perforation or obstruction, upper gastrointestinal bleeding, and symptomatic gastroducdenal ulcers).

Results' Rofecoxib and naproxen had similar efficacy against rheumatoid arthritis. During a median follow-up of 9.0 months, 2.1 confirmed gastrointestinal events per 100 patient-years occurred with rofecoxib, as compared with 4.5 per 100 patient-years with naproxen (relative risk, 0.5; 95 percent confidence interval, 0.3 to 0.6; P<0.001). The respective rates of complicated confirmed events (perforation, obstruction, and envore upper gastrointestinal blooding) wore 0.6 per 100 patient-years and 1.4 per 100 patient-years relative risk, 0.4; 95 percent confidence interval, 0.2 to 0.8; P=0.006). The incidence of myocardial infarction was lower among patients in the neproxen group then emong those in the rofecoxib group (0.1 percent vs. 0.4 percent; relative risk, 0.2; 95 percent confidence interval, 0.1 to 0.7); the overall mortality rate and the rate of death from cardiovascular causes were similar is in the we groups.

Conclusion: In patients with rhournatoid arthritis, treatment with rofecosib, a selective inhibitor of cyclocxygenase-2, is associated with significantly fewer clinically important upper gastrointestinal events than treatment with naproxen, a nonselective inhibitor, N Enol J Med 2006/343:1520-81

02000, Nessachusetts Medical Society.

A 4x increase in heart atacks was ommitted

The journal sold 929.000 offprints (Revenue \$-679.000 to \$ 836,000) ONSTEROIDAL antiinflammatory drugs (NSAIDs) are among the most commonly used medications in the world<sup>1</sup> A major factor limiting their use is gastrointestial toxicity. Although endoscopic studies reveal that gastric or duodenal ulcers develop in 15 to 30 percent of patients who regularly take NSAIDs,<sup>2</sup> the chief concern is clinically important gastrointestinal problems, such as bleeding. It has been estimated that more than 100,000 patients are bospitalized and 16,500 die each year in the United States as a result of NSAID-associated gastrointestinal events.<sup>24</sup>

Most NSAIDs inhibit both cyclooxygenase-1 and cyclooxygenase-2, isoenzymes involved in the synthesis of prostaglandins.<sup>5</sup> Cyclooxygenase-1 is constitutively expressed and generates prostanoids involved in the maintenance of the integrity of gastrointestinal nuccosa and platelet aggregation,<sup>6</sup> whereas at sites of inflammation, cyclooxygenase 2 is induced to generate prostaglandins that mediate inflammation and pain.<sup>7</sup> The antiinfammatory effects of nonselective NSAIDs (those that inhibit both cyclooxygenase-1 and cyclooxygenase-2) therefore appear to be mediated through the inhibition of cyclooxygenase-2,<sup>9</sup> whereas their harmful effects in the gastrointestinal trict as well as their antiplatelet effects are believed to occur primar its through the inhibition of cyclooxygenase-1.<sup>15</sup>

ily through the inhibition of cyclooxygenase-1.8 Agents that selectively inhibit cyclooxygenase-2 have antiinflammatory and analgesic effects that are simi-

Arthur Wessen, M.D., Andalais Canto of Nebanka, Lincola, was another

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### Séralini et al. (2012)

"Long term toxicity of a Roundup herbicide and a Rounduptolerant genetically modified maize".

Food and Chemical Toxicology 50(11): 4221–4231.

"The health effects -2 years - rats - females, all treated groups died 2-3 times more than controls, and more rapidly ....".

-November 2013 – Elsevier – publisher - announced retraction – "..concluded that, after an in-depth look at the raw data of the study, no definitive conclusions can be reached regarding the role of ..NK603...in overall mortality or tumor rates.."

http://en.wikipedia.org/wiki/Séralini\_affair

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### Trivers (2014; ongoing)

"Report of the Rutgers Research Advisory Board Investigations into allegations of research misconduct against Dr. William Brown

April 25, 2012"

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Irrationality needs advanced brains... unscientific attitudes are possible only in human beings.

Only we can get away with it.

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#### **Features of the Indian situation**

- 1. Strongly hierarchical; people more significant than issues; group loyalty.
- 2. Honours and Awards (the economisation of science).
- 3. "Shame culture" versus "Guilt culture".